

Table 8. Alkaloid content (mg/100 g fresh weight) of uncooked vegetable

Family name	Sp.	Scientific name	Compound name	Compound group	n ¹	Mean ²	Range	Reference ³
Solanaceae								
Potato (tuber)	1	<i>Solanum tuberosum</i>	α -Solanine	Glycoalkaloids	17	4.51	0.48-22.10	[1,2]
			α -Chaconine	Glycoalkaloids	17	2.60	0.25-15.90	[1,2]
			Calystegine B2	Tropane	10	1.33	0.22-5.73	[1,3]
			Calystegine A1	Tropane	8	0.51	0.07-0.56	[1]
			Nicotine ⁴	Pyridine	17	0.66	ND-1.23	[4-6]
Nightshade (whole plant)	5	<i>Solanum americanum</i> , <i>Solanum chenopodioides</i> , <i>Solanum nigrum</i> , <i>Solanum retroflexum</i> , <i>Solanum villosum</i>	β -Solamargine	Glycoalkaloids	5	41.36	ND-107.80	[7]
			α -Solamargine	Glycoalkaloids	5	21.14	ND-55.33	[7]
			Solasonine	Glycoalkaloids	5	40.94	22.11-63.80	[7]
			α -Solanine	Glycoalkaloids	5	40.19	16.50-62.70	[7]
Eggplant (fruit)	1	<i>Solanum melongena</i>	α -Solamargine	Glycoalkaloids	3	1.15	0.85-1.61	[8]
			α -Solasonine	Glycoalkaloids	3	0.28	0.17-0.40	[8]
			Calystegine B2	Tropane	2	3.67	0.05-7.30	[3]
			Nicotine ⁴	Pyridine	14	0.45	ND-1.50	[4,6]
Gboma eggplant	1	<i>Solanum macrocarpon</i>	α -Solamargine	Glycoalkaloids	3	143.05	124.40-197.50	[8]
			α -Solasonine	Glycoalkaloids	3	20.90	16.10-23.50	[8]
Scarlet eggplant	1	<i>Solanum aethiopicum</i>	α -Solamargine	Glycoalkaloids	3	2.13	0.58-4.86	[8]
			α -Solasonine	Glycoalkaloids	3	0.66	0.41-1.00	[8]
Tomato (ripe fruit)	1	<i>Solanum lycopersicum</i>	α -Tomatine	Glycoalkaloids	8	0.39	0.03-1.10	[9,10]
			Dehydrotomatine	Glycoalkaloids	1	ND	ND	[10]
			Calystegine B2	Tropane	1	0.45	0.45	[3]
			Nicotine ⁴	Pyridine	18	0.38	ND-1.15	[4-6]
			Myosmine ⁴	Pyridine	6	0.06	0.05-0.07	[11]
Hot pepper (fruit)	5	<i>Capsicum annuum</i> , <i>Capsicum chinense</i> , <i>Capsicum frutescens</i> , <i>Capsicum baccatum</i> , <i>Capsicum pubescens</i>	Capsaicin	Benzylamine	98	47.70	ND-289	[12,13]
			Dihydrocapsaicin	Benzylamine	98	32.41	ND-225	[12,13]
			Nonivamide	Benzylamine	8	1.24	0.04-2.98	[13]
			Nicotine ⁴	Pyridine	2	0.75	0.63-0.87	[4]
			Calystegine B2	Tropane	1	0.03	0.03	[3]
Salvadoraceae								
Needle bush (leaf)	1	<i>Azima tetracantha</i>	Azimine	Piperine	2	33.00	32.70-33.30	[14]
			Azcarpaine	Piperine	2	18.80	18.30-19.30	[14]
			Carpaine	Piperine	2	5.65	5.50-5.80	[14]
Convolvulaceae								
Sweet potato (tuber)	1	<i>Ipomoea batatas</i>	Calystegine B2	Tropane	2	2.41	0.42-4.40	[3]
Brassicaceae								
Cauliflower (flower)	1	<i>Brassica oleracea</i> var. <i>botrytis</i>	Nicotine ⁴	Pyridine	1	0.38	0.38	[5]
Fabaceae								
Fenugreek (seed)	2	<i>Trigonella foenum-graceum</i>	trigonelline	Pyridine	4	192	30-373	[15]
			4-hydroxyisoleucine	Pyridine	4	120	ND-259	[15]
Lupin 1 (seed)	1	<i>Lupinus albus</i>	Lupanine	Quinolizidine	30	1354	50-1880	[16,17]
			Albine	Quinolizidine	30	317	20-459	[16,17]
			Multiflorine	Quinolizidine	30	181	0-370	[16,17]
Lupin 2 (seed)	1	<i>Lupinus angustifolius</i>	Lupanine	Quinolizidine	1	550	550	[16]
			Angustifoline	Quinolizidine	1	455	455	[16]
			13-Hydroxylupanine	Quinolizidine	1	379	379	[16]
Lupin 3 (seed)	1	<i>Lupinus campestris</i>	Hydroxyaphyllidine	Quinolizidine	1	2088	2088	[16]
			Hydroxyaphylline	Quinolizidine	1	285	285	[16]
Boraginaceae								
Comfrey (leaf)	1	<i>Symphytum officinale</i>	Intermidine ⁴	Pyrrrolizidine	2	33.8	1.6-66	[18]
			Lycopsamine ⁴	Pyrrrolizidine	2	17.9	1.8-34	[18]
Dioscoreaceae								
Trifoliate yam (tuber)	1	<i>Dioscorea dumetorum</i>	Dioscorine ⁴	Isoquinuclidine	2	73.2	67.2-79.2	[19]
			Dihydrodioscorine ⁴	Isoquinuclidine	2	33.6	31.2-36.0	[19]

¹ n refers to number of sample² Mean is calculated as the average from every reported mean, ND (not detected) is assumed as zero for mean calculation³ References (methods): [1]Friedman et al., 2003 (HPLC-UV detector), [2]Friedman and Dao, 1992 (HPLC-UV detector), [3]Asano et al., 1997 (GC-MS) [4]Siegmond et al., 1999 (GC-MS), [5]Domino et al., 1993 (GC-MS), [6]Liu et al., 2013 (UHPLC-MS/MS), [7]Mohy-ud-Din et al., 2010 (HPLC-UV detector), [8]Sanchez-Mata et al., 2010 (HPLC-MS/MS), [9]Friedman and Levin, 1995 (HPLC-PAD detector), [10]Kozokue et al., 2004 (HPLC-UV detector), [11]Tyroller et al., 2002 (GC-MS), [12]Antonius and Jarret, 2006 (GC-MS), [13]Kozokue et al., 2005 (HPLC-UV detector), [14]Bennett et al., 2004 (LC-MS), [15]Gopu et al., 2008 (HPTLC-UV detector), [16]de Cortes Sánchez et al., 2005 (GC-NPD detector), [17]Musquiz et al., 1994 (Capillary GLC-MS), [18]Avula et al., 2011 (UHPLC-MS), [19]Abiodun et al., 2013 (not mentioned)⁴Data shown in $\mu\text{g}/100\text{ g}$ fresh weight

1. Friedman M, Roitman JN, Kozukue N (2003) Glycoalkaloid and calystegine contents of eight potato cultivars. *J Agric Food Chem* 51 (10):2964-2973
2. Friedman M, Dao L (1992) Distribution of glycoalkaloids in potato plants and commercial potato products. *J Agric Food Chem* 40 (3):419-423
3. Asano N, Kato A, Matsui K, Watson AA, Nash RJ, Molyneux RJ, Hackett L, Topping J, Winchester B (1997) The effects of calystegines isolated from edible fruits and vegetables on mammalian liver glycosidases. *Glycobiology* 7 (8):1085-1088
4. Siegmund B, Leitner E, Pfannhauser W (1999) Determination of the nicotine content of various edible nightshades (Solanaceae) and their products and estimation of the associated dietary nicotine intake. *J Agric Food Chem* 47 (8):3113-3120
5. Domino EF, Hornbach E, Demana T (1993) The nicotine content of common vegetables. *N Engl J Med* 329 (6):437-437
6. Liu W, Zhao R, Li B, Wu G, Xue Y (2013) Determination of the Nicotine Content in Solanaceae Vegetables by Solid-Phase Extraction Coupled with Ultra High-Performance Liquid Chromatography–Tandem Mass Spectrometry. *Food Analytical Methods* 6 (2):643-647
7. Mohy-ud-Din A, Khan Z-U-D, Ahmad M, Kashmiri MA (2010) Chemotaxonomic value of alkaloids in *Solanum nigrum* complex. *Pakistan Journal of Botany* 42 (1):653-660
8. Sánchez-Mata Ma-C, Yokoyama WE, Hong Y-J, Prohens J (2010) α -Solasonine and α -solamargine contents of gboma (*Solanum macrocarpon* L.) and scarlet (*Solanum aethiopicum* L.) eggplants. *J Agric Food Chem* 58 (9):5502-5508
9. Friedman M, Levin CE (1995). α -Tomatine Content in Tomato and Tomato Products Determined by HPLC with Pulsed Amperometric Detection. *J Agric Food Chem* 43 (6):1507-1511
10. Kozukue N, Han J-S, Lee K-R, Friedman M (2004) Dehydrotomatine and α -tomatine content in tomato fruits and vegetative plant tissues. *J Agric Food Chem* 52 (7):2079-2083
11. Tyroller S, Zwicknagl W, Richter E (2002) New sources of dietary myosmine uptake from cereals, fruits, vegetables, and milk. *J Agric Food Chem* 50 (17):4909-4915
12. Antonious GF, Jarret RL (2006) Screening *Capsicum* accessions for capsaicinoids content. *Journal of Environmental Science and Health Part B* 41 (5):717-729
13. Kozukue N, Han J-S, Kozukue E, Lee S-J, Kim J-A, Lee K-R, Levin CE, Friedman M (2005) Analysis of eight capsaicinoids in peppers and pepper-containing foods by high-performance liquid chromatography and liquid chromatography-mass spectrometry. *J Agric Food Chem* 53 (23):9172-9181
14. Bennett RN, Mellon FA, Rosa EA, Perkins L, Kroon PA (2004) Profiling glucosinolates, flavonoids, alkaloids, and other secondary metabolites in tissues of *Azima tetraacantha* L.(Salvadoraceae). *J Agric Food Chem* 52 (19):5856-5862
15. Gopu C, Gilda S, Paradkar A, Mahadik K (2008) Development and validation of a densitometric TLC method for analysis of trigonelline and 4-hydroxyisoleucine in fenugreek seeds. *Acta Chromatographica* 20 (4):709-719
16. de Cortes Sánchez M, Altares P, Pedrosa MM, Burbano C, Cuadrado C, Goyoaga C, Muzquiz M, Jiménez-Martínez C, Dávila-Ortiz G (2005) Alkaloid variation during germination in different lupin species. *Food chemistry* 90 (3):347-355
17. Muzquiz M, Cuadrado C, Ayet G, de la Cuadra C, Burbano C, Osagie A (1994) Variation of alkaloid components of lupin seeds in 49 genotypes of *Lupinus albus* from different countries and locations. *J Agric Food Chem* 42 (7):1447-1450
18. Avula B, Sagi S, Wang Y-H, Zweigenbaum J, Wang M, Khan IA (2015) Characterization and screening of pyrrolizidine alkaloids and N-oxides from botanicals and dietary supplements using UHPLC-high resolution mass spectrometry. *Food chemistry* 178:136-148
19. Abiodun O, Akinoso R, Oladapo A, Adepeju A (2014) Influence of soaking method on the chemical and functional properties of trifoliate yam (*Dioscorea dumetorum*) flours. *Journal of Root Crops* 39 (1):84-87